


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Computer Class 11:00 - 12:00	2 Exercise with the Wii 2:00 - 3:00	3 Movie Day at the Center 1:00 - 3:00	4		
	8 Computer Class 11:00 - 2:00 Peer Support Dealing with Depression 2:00 - 3:00	9 Job Readiness Successful Interviewing 10:00 - 11:00	10 Money Management Balancing a Checkbook 10:00 - 11:00	11 IL Skills Cooking Class Healthy Snacks 2:00 - 4:00		
	15 Computer Class 11:00-12:00 Exercise with the Wii Gaming system 2:00 - 3:00	16 Craft Class Make a Rose Pen 11:00 - 12:00	17 August is National Cataract Awareness Month	18 Job Readiness Job Search Strategies 2:00 - 3:00		
	22 Computer Class 11:00 - 12:00 Peer Support Learning the signs of Anxiety 2:00 - 3:00	23 Drawing Class 3:00 - 4:00	24 How to be an Advocate 2:00 - 4:00	25 IL Skills Tips on finding Bargains 10:00- 1:30		
	29 Computer Class 11:00 - 12:00	30 Exercise with the Wii Gaming System 2:00 - 3:00	31 You are invited to celebrate the August birthdays Games and Refreshments 1:00 - 3:00			

Find us on
 Facebook! 

We provide bus passes for
 programs attended at the Center



3305 N. 3rd, Suite 320
Abilene, TX 79603

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