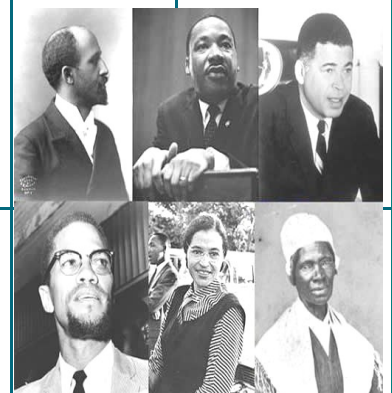


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Exercise with the Wii 2:00 - 3:00	2 Computer Class 11:00 - 2:00 Groundhog Day	3 Money Management "Deal or No Deal" 10:00 - 11:00 Advocacy Training 2:00 - 3:00		
	7	8 Peer Support Loneliness 11:00 - 12:00	9 Computer Class 11:00 - 12:00	10 Craft Class "Trash to Treasure" 2:00 - 3:00		
	14 Valentines Day Party Birthday and Game Day 1:00 - 3:00	15 Exercise with the Wii 2:00 - 3:00	16 Computer Class 11:00 - 12:00	17 Job Readiness Interview Skills 1:00 - 2:00		
	21 Center Closed for President's Day	22 Peer Support Self-Esteem 11:00 - 12:00	23 Town Hall Meeting at the Center 11:00 - 1:00 Consumer Advisory Meeting 10:00 - 11:00	24 Cooking Class 10:00 - 12:00 Soul Food Luncheon 12:00 - 2:00		
	28 Independent Living Skills Hair Care 1:00 - 3:00					

We provide bus passes for programs attended at the Center

Black HISTORY MONTH



February is American Heart Health Month



3303 N. 3rd, Suite B
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