

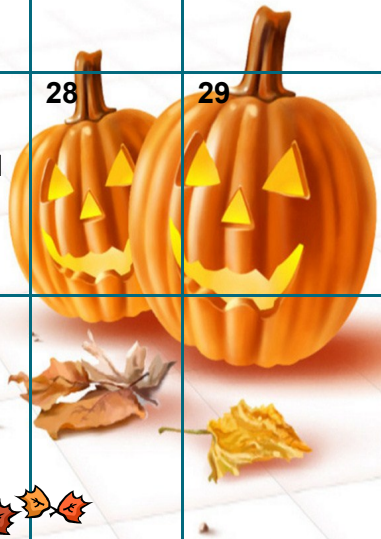
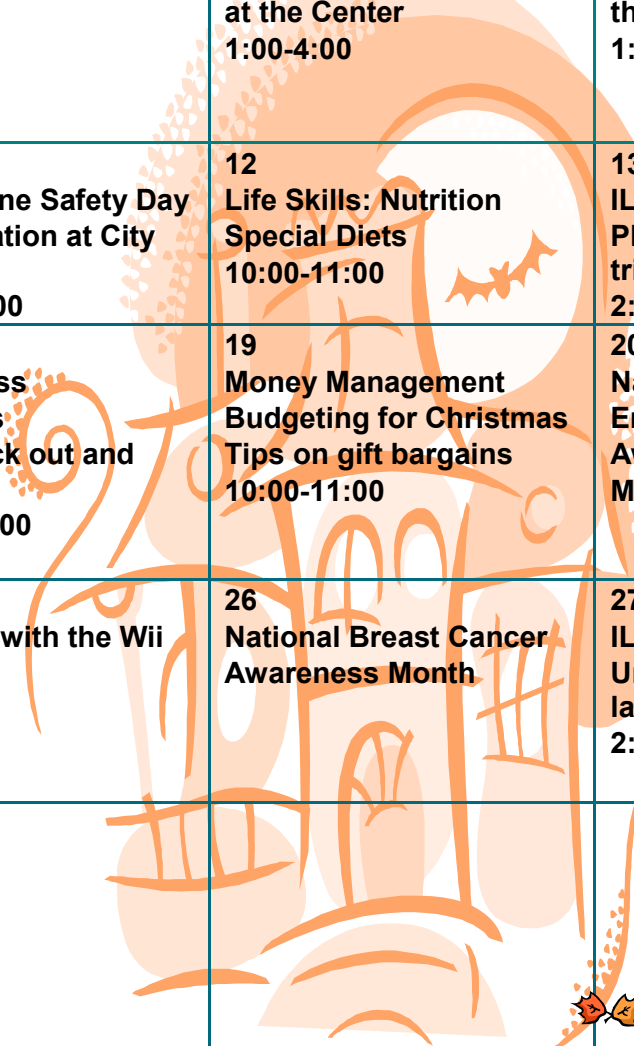
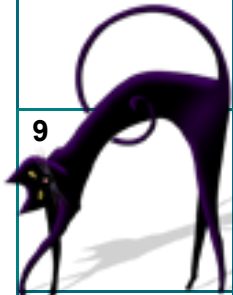




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Computer Class 11:00-12:00 Peer Support Talking to your Doctor 2:00-3:00	4 Exercise with the Wii Gaming System Easy and Fun! 2:00-3:00	5 Accessible Voting Demo 11:00-12:00 Disability Diversity Day at the Center 1:00-4:00	6 Movie Day at the Center Bring a Movie for the big screen 1:00-3:00	7	8
						We provide bus passes for programs attended at the Center
9	10 Center Closed Columbus Day	11 White Cane Safety Day Proclamation at City Hall 8:00 -10:00	12 Life Skills: Nutrition Special Diets 10:00-11:00	13 IL Skills Planning a grocery trip 2:00-3:00	14	15
16	17 Computer Class 11:00-12:00	18 Craft Class Ceramics Come pick out and Paint 11:00-12:00	19 Money Management Budgeting for Christmas Tips on gift bargains 10:00-11:00	20 National Disability Employment Awareness Month	21	
						Find us on Facebook! 
23	24 Computer Class 11:00-12:00 Peer Support Being Assertive 2:00-3:00	25 Exercise with the Wii 2:00-3:00	26 National Breast Cancer Awareness Month	27 IL Skills Understanding food labels 2:00-3:00	28	29
30	31 Computer Class 11:00-12:00 Halloween Costume Party At the Center 1:00-3:00					



Not Without Us!
Disability in Action

3305 N. 3rd, Suite 320
Abilene, TX 79603

Return Service Requested

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Organization
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