

# Not Without Us!

## *Disability in Action*

# October 2010

Sun-day	Monday	Tuesday	Wednesday	Thursday	Fri-day	Saturday
					1	2
3	4 We provide bus passes for programs attended at the Center	5 Peer Support Coping with Grief 11:00-12:00	6 Computer Class 11:00-12:00	7 Money Management "Deal or No Deal" Lesson One 10:00 - 11:00	8	9 Game Night at the Center 7 p.m. - 9 p.m.
10	11 Center Closed for Columbus Day	12 Life Skills - Nutrition Special Diets 10:00 - 11:00	13 Computer Class 11:00 - 12:00  Craft Class "Trash to Treasure" 1:00 - 2:00	14	15	16
17	18 Cooking Class 10:00- 12:00 OPEN HOUSE at Not Without Us! Tour the New Center 1:00 - 3:00	19 Peer Support Anger Management 11:00- 12:00	20 Computer Class 11:00-12:00	21 Disability Awareness Breakfast at Disability Resources 7:30 a.m.- 9:00 a.m.	22	23
24	25 Birthday and Game Day 1:00 - 3:00 Cake will be provided	26 Job Readiness Filling Out Applications 2:00 - 3:00	27 Computer Class 11:00-12:00	28	29	
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October is Disability Employment Awareness Month



**Office Hours**  
Monday—Thursday  
8:00 a.m.—6:30 p.m.

**Not Without Us!**  
3305 N. 3rd St. Ste 320  
Abilene, TX 79603

**Office: (325) 672-5460**  
**FAX: (325) 672-2903**



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